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Close Relationships is a comprehensive introduction to and synthesis of contemporary theory, research and practical applications of what is known about close/personal relationships.

This collection of essays represents a follow-up to the editors' 1994 publication, *The Dark Side of Interpersonal Communication*. In the preface to that collection of essays, they argued that "To fully understand how people function effectively requires us to consider how individuals cope with

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social interaction that is difficult, problematic, challenging, distressing, and disruptive." In this companion volume, the focus expands from social interaction to close relationships. Aside from the inherent need to investigate the bad as well as the good of interpersonal relationships, the editors and their colleagues simply find the dark side metaphor to be intellectually arousing. It stimulates investigation of important yet often neglected phenomena, and it especially encourages consideration of the hidden and forbidden, and the paradoxical and ironic elements of human relating. This volume assembles the cutting-edge work of first rate scholars from the ranks of communication, psychology, sociology, and cognate disciplines. As in the previous text, the subject matter and stylistic approaches are diverse,

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reflecting the broad and interdisciplinary domain that is the dark side of human affairs. The selection of topics is somewhat selective, reflecting only a sample of emerging scholarship in the interdisciplinary study of relationships. These internationally recognized scholars examine various topics related to the dark side, including fatal attractions, jealousy and envy, misunderstanding, gossip, conflict, codependence, sexual coercion, stalking, relationship termination, unrequited love, and mental health problems in relationships. Some chapters present original data and models, whereas others reconfigure the way in which the understandings of relationships can be better understood. In addition, the bookend chapters examine the ideology, nature, and problems of dark side scholarship. Collectively, the

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scholarly journeys made in this volume are intended to illustrate the complexities--both moral and functional--involved in close relationship processes. The intent is neither to valorize nor demonize the darker aspects of close relationships, but rather to emphasize their importance to the day-to-day "doing" of relationships. Only by accepting such processes as integral to relationships can their role be fully understood.

The first book to give an integrated theoretical framework for understanding the complexities of health and illness in close relationships.

"What the heck is my partner thinking?" is a common refrain

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in romantic relationships, and with good reason. Every person is wired for love differently, with different habits, needs, and reactions to conflict. The good news is that most people's minds work in predictable ways and respond well to security, attachment, and rituals, making it possible to actually neurologically prime the brain for greater love and fewer conflicts. *Wired for Love* is a complete insider's guide to understanding a partner's brain and promoting love and trust within a romantic relationship. Readers learn ten scientific principles they can use to avoid triggering fear and panic in their partners, manage their partners' emotional reactions when they do become upset, and recognize when the brain's threat response is hindering their ability to act in a loving way. By learning to use simple gestures and words,

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readers can learn to put out emotional fires and help their partners feel more safe and secure. The no-fault view of conflict in this book encourages readers to move past a "warring brain" mentality and toward a more cooperative "loving brain" understanding of the relationship. Based in the sound science of neurobiology, attachment theory, and emotion regulation research, this book is essential reading for couples and others interested in understanding the complex dynamics at work behind love and trust in intimate relationships.

An outline of how power, an inherent feature of social interactions, operates and affects close relationships.

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Given the importance of close relationships in all facets of human life, it is no surprise that research on relationship processes is multidisciplinary and divergent in methodology. Such diversity in the study of close relationships should allow for a more detailed and comprehensive understanding of relationship processes, but researchers in different fields have yet to integrate their findings into a deeper, more holistic model of close relationship functioning. This book brings together different perspectives on close relationships to explore how such relationships develop, function, and interact across a variety of contexts. Prominent scholars contribute theory and empirical research rooted in developmental, social, and cross-cultural psychology, as well as evolutionary science, individual differences, and

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psychophysiology. Both early and adult relationships are examined, along with parent-child relationships. This excellent resource will be well received by researchers and students in the social sciences who are interested in a broader, more collaborative approach to relationship science.

Although sexuality is an integral part of close romantic relationships, research linking these two constructs has been less systematic than other areas pertaining to close relationships. To date, researchers in communication, sociology, family studies, psychology, and psychiatry, have made significant advances in both of these fields. The editors' goal is to integrate this research into one volume. They bring together major scholars from the diversity of



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fields working on close relationship topics to examine past contributions and new directions in sexuality. The emphasis is on theoretical integration and stimulation, methodological rigor, and critical analysis. This volume explores: \*early sexual experiences and their impact on late life sexuality; \*how life's stresses impact sexuality and satisfaction with closeness; \*the affect of postpartum depression on sexuality; and \*the relationship between control, power, anger, as well as revenge and sexual processes in couples. The Handbook of Sexuality in Close Relationships is intended for students and researchers in the disciplines of social, clinical, developmental, and health psychology; family studies; counseling; and interpersonal, family, and health communication. An excellent reference in advanced courses

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in close relationships taught in psychology, communications, sociology, anthropology, and family studies, the material in Part V will also appeal to clinical psychologists, health professionals, and policymakers.

Nonverbal Communication in Close Relationships provides a synthesis of research on nonverbal communication as it applies to interpersonal interaction, focusing on the close relationships of friends, family, and romantic partners. Authors Laura K. Guerrero and Kory Floyd support the premise that nonverbal communication is a product of biology, social learning, and relational context. They overview six prominent nonverbal theories and show how each is related to bio-evolutionary or sociocultural

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perspectives. Their work focuses on various functions of nonverbal communication, emphasizing those that are most relevant to the initiation, maintenance, and dissolution of close relationships. Throughout the book, Guerrero and Floyd highlight areas where research is either contradictory or inconclusive, hoping that in the years to come scholars will have a clearer understanding of these issues. The volume concludes with a discussion of practical implications that emerge from the scholarly literature on nonverbal communication in relationships – an essential component for understanding relationships in the real world. *Nonverbal Communication in Close Relationships* makes an important contribution to the development of our understanding not only of relationship processes but also of the specific

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workings of nonverbal communication. It will serve as a springboard for asking new questions and advancing new theories about nonverbal communication. It is intended for scholars and advanced students in personal relationship study, social psychology, interpersonal communication, nonverbal communication, family studies, and family communication. It will also be a helpful resource for researchers, clinicians, and couples searching for a better understanding of the complicated roles that nonverbal cues play in relationships.

Surveying the many forms of non-possessive intimate relationships, this book explains how these alternative lifestyle arrangements work, psychologically, and describes

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the benefits and risks for those involved within contemporary contexts such as swinging, threesomes, polyamory, and recreational sex clubs. \* Describes a relatively new form of intimate relationship that is not well known to most people yet is intriguing to nearly all \* Offers potential erotic options to couples struggling with diminishing passion \* Suggests psychological insights as to what makes nontraditional relationships work \* Engages readers with appropriate humor to better illustrate the concepts and theories regarding non-possessive intimate relationships

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